



Mosquito Meander fun Race/Walk

July 24th, 2021 10:00am

Fairbanks, Alaska

COVID-19 Mitigation Plan

To ensure the safety of mosquito meander volunteers, staff, race participants and our community, the following guidelines will be followed up to and on the day of the race.

Before the race-

- The race will be held outdoors
- Pre-registration will be required.
- Race registration will only be available online or over the phone.
- Registration will close on July 22nd at midnight.
- Participants will be required to pick up their t-shirts and bibs during designated times at outdoor locations or if preferred, the items will be mailed to the participants.
- Participants are required to sign the following waiver:

Participation includes possible exposure to and illness from infectious and/or communicable diseases including but not limited to MRSA, influenza, and COVID-19. While particular rules and personal discipline may reduce this risk, the risk of serious illness and death does exist; and, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and, I willingly agree to comply with the stated and customary terms and conditions for participation as regards protection against infectious diseases, including wearing a facial mask during the event and maintaining CDC recommended social distance from others. If, however, I observe and any unusual or significant hazard during my presence or participation, I will remove myself from participation immediately. In consideration of your accepting my entry, I, intending to be legally bound, do hereby for myself and my heirs, executors, administrators waive and release any and all rights and claims for damages I may accrue against the persons and organizations affiliated with the race including but not limited to Resource Center For Parents and Children, Kinross/Fort Knox, all sponsors, volunteers, staff, subcontractors, agents, attorneys, and representatives for any and all injuries that I may suffer while participating in the event. I attest that I am physically fit and sufficiently trained for this competition. As part of the waiver, I acknowledge that I have read and understand all of the above.

- Participation will be limited to 300 participants based on the size of the location to ensure proper social distance.

Day of the event-

- Staff, volunteers and event's location crew members will be mandated to wear a mask at all times,
- Participants will be asked and encouraged to wear a mask,
- There will be hand sanitation stations throughout the event's start and finish line,
- Small, individual water bottles will be handed to participants by volunteers wearing gloves,

- Pre-cut and pre-packaged fruit and water will be handed out at the end of the event by volunteers in three different stations to avoid gatherings,
- Announcements will be made via social media before and during the event discouraging participants from:
 1. Attending if feeling ill, have tested positive for covid and have been symptomatic in the prior ten days or if they have been in contact with someone who tested positive for covid.
 2. Spitting, blowing snot rockets, or purposely expressing bodily fluids during the event.
 3. Closely grouped selfies or group photos
 4. Stay close to people outside their immediate family members
 5. Spectators will also be discouraged from attending.
- Announcements will be made via social media prior to the event and with flyers and posters during the event encouraging participants to:
 1. Practice social distancing,
 2. Wear a mask,
 3. Bring their own towel, handkerchief or tissue and sanitize their hands after use,
 4. Avoid gatherings and leave the parking lot soon after the race is over.
- Safety and protective items such as disposable masks, gloves and hand sanitizers will be provided for free by the race organizers and will be easily accessible to everyone attending the race.