Fairbanks Food Programs

TEFAP
Temporary Emergency Food Assistance Program

Eligibility: You must meet state income requirements:

<table>
<thead>
<tr>
<th>Household Income</th>
<th>Monthly</th>
<th>Yearly</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$1,889</td>
<td>$22,663</td>
</tr>
<tr>
<td>2</td>
<td>$2,544</td>
<td>$30,525</td>
</tr>
<tr>
<td>3</td>
<td>$3,199</td>
<td>$38,388</td>
</tr>
<tr>
<td>4</td>
<td>$3,855</td>
<td>$46,250</td>
</tr>
<tr>
<td>5</td>
<td>$4,510</td>
<td>$54,113</td>
</tr>
</tbody>
</table>

Rules:
- You must qualify within the income guidelines.
- You qualify once a year.
- You, or someone you choose, must pick up your food box in person with ID.
- Each household gets only one box per month.
- Amount of food depends on household size.
- You can’t get regular food boxes and be a member of TEFAP.

Monthly Distribution Schedule
Third Saturday of every month
12-2pm (Best to go around 1pm)
At Fairbanks Community Food Bank
December 15, 2007
January 19, 2008
February 16, 2008
March 15, 2008
April 19, 2008
May 17, 2008
June 21, 2008
July 19, 2008

Fairbanks Community Food Bank
725 26th Ave.
Fairbanks, AK 99701
45-SHARE (457-4173)

Please see WIC Receptionist for an application

CSFP Commodity Supplemental Food Program

Eligibility:
- Meet State Income Guidelines
- Be one of following:
  * Pregnant woman (not on WIC)
  * New moms—up to one year (not on WIC)
  * Children 5 to 6 years
  * Seniors over 60 years

Income Guidelines for Infants, Children & Women:

<table>
<thead>
<tr>
<th>Household Income</th>
<th>Monthly</th>
<th>Yearly</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$1,969</td>
<td>$23,635</td>
</tr>
<tr>
<td>2</td>
<td>$2,640</td>
<td>$31,672</td>
</tr>
<tr>
<td>3</td>
<td>$3,310</td>
<td>$39,720</td>
</tr>
<tr>
<td>4</td>
<td>$3,981</td>
<td>$47,767</td>
</tr>
<tr>
<td>5</td>
<td>$4,652</td>
<td>$55,815</td>
</tr>
</tbody>
</table>

CSFP Foods:
- Canned fruits
- Canned vegetables
- Pasta, rice or potatoes
- Peanut butter or beans
- Formula
- Juice
- Cereal
- Milk
- Cheese
- Canned meat

* Food selection varies and amount depends

Income Guidelines for Seniors

<table>
<thead>
<tr>
<th>Household Income</th>
<th>Monthly</th>
<th>Yearly</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$1,384</td>
<td>$16,601</td>
</tr>
<tr>
<td>2</td>
<td>$1,855</td>
<td>$22,256</td>
</tr>
<tr>
<td>3</td>
<td>$2,326</td>
<td>$27,911</td>
</tr>
<tr>
<td>4</td>
<td>$2,798</td>
<td>$33,566</td>
</tr>
<tr>
<td>5</td>
<td>$3,269</td>
<td>$39,221</td>
</tr>
</tbody>
</table>

CSFP Pick up (choose one of following):
Tuesday
10am-12pm
Thursday
2-4pm
2nd Saturday
10am-12pm

Ready-to-Eat Meals

Opea to anyone!

Breakfast: Fairbanks Rescue Mission
(723 27th Ave.)
7 am Mon-Fri
7:30 am Sat, Sun & Holidays

Lunch: Mon-Fri
Breadline
(First Methodist Church
2nd Ave. & Cowles)
11am - 12:30pm

Sat & Sun
Soup Kitchen
(Immaculate Conception Church
115 N. Cushman)
11am - 1pm

Dinner: Fairbanks Rescue Mission
(723 27th Ave.)
12 noon
6pm daily with Chapel
Food Box Program

Emergency Food Boxes

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fairbanks Lutheran Church</td>
<td>Community Convent</td>
<td>First Presbyterian Church</td>
<td>Bible Baptist</td>
<td>Fairhill Community Church of</td>
</tr>
<tr>
<td>1012 Cowles</td>
<td>2136 McCullam Ave.</td>
<td>547 7th Ave.</td>
<td>32 Adak</td>
<td>God</td>
</tr>
<tr>
<td>452-3425</td>
<td>456-6653</td>
<td>452-2406</td>
<td>452-1407</td>
<td>101 City Lights Blvd.</td>
</tr>
<tr>
<td></td>
<td>(Feh, Mar, Apr, Aug, Sept, Oct)</td>
<td></td>
<td></td>
<td>457-6522</td>
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<tr>
<td>First Church of the Nazarene</td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>1524 Westwood Way</td>
<td>479-7419</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(Jan, May, June, July, Nov, Dec)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>*Freedom in Christ Ministries</td>
<td>Salvation Army</td>
<td>*Lord of Life Lutheran Church</td>
<td>Fairbanks Native Association</td>
<td>Sacred Heart Cathedral</td>
</tr>
<tr>
<td>1362 Becky Drive</td>
<td>1602 10th Ave.</td>
<td></td>
<td>315 Wendell St., Suite 1</td>
<td>2501 Airport Way</td>
</tr>
<tr>
<td>488-0202</td>
<td>452-5005</td>
<td></td>
<td>1005 St. Nicholas Drive</td>
<td>474-9034</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>452-5225</td>
<td>(Mar, Apr, May, Sept, Oct, Nov)</td>
</tr>
<tr>
<td>*St. Jude’s Episcopal Church</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1/2 Mile Laurence Rd.</td>
<td>488-9329</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>*Distribution in</td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>North Pole</td>
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Food Stamp Program

Eligibility:
- Live in Alaska
- Meet Income Guidelines

How to Apply:
- Go to State Building at 675 7th Ave., Station D 451-2850
  Mon-Fri 7:30am—3:30pm
  First Come First Serve!
  Speak to Fact Finder; they will help you apply.

Visit www.hss.state.ak.us/dpa/programs/fstamps to learn more and use Food Stamps Calculator.

As a recipient of Food Stamps, you would get an Alaska Quest card to buy food products from your local store.

Rules:
⇒ Bring your Alaska Quest card.
⇒ You can only buy food products.
⇒ You cannot receive change back.

You CAN buy:
- All food products meant to be eaten by people.
- Baby Formula
- Seeds for growing your own food.

You CANNOT buy:
- All food prepared at the store.
- Non-food items (paper products, cleaning products, etc)
- Alcohol & tobacco products

Important Numbers:
- Breadline 456-8317
- Cooperative Extension 474-1530
- Food Bank 457-4273
- Homemaker & Nutrition Info. 474-1530
- Love INC 452-5683
- RCPC WIC 456-2990
- Eielson WIC 377-3119
- Soup Kitchen 456-8317
- Public Assistance (Food Stamps) 451-2850
- Fairbanks Rescue Mission 452-5343

EFNEP

Expanded Food and Nutrition Education Program

A Nutritional Assistant will come to your house to teach you how to prepare healthy meals and stretch your dollar.

FREE Lessons on:
- Food buying
- Food preparation
- Menu planning
- Low cost meals
- Good nutrition
- Food safety

To sign up contact:
- EFNEP Cooperative Extension Service
  P. O. Box 756180
  University of Alaska Fairbanks Fairbanks, AK 99775
  474-2429 or 474-2430

Wooden Nickels

Turn in your Wooden Nickel (no questions asked) at the:
Fairbanks Community Food Bank
Between 1-4 pm
725 26th Ave.
Fairbanks, AK 99701
45-SHARE (457-4273)

You will receive an overnight food bag (approx. 20 lbs):
- 2 cans fruit 1 pasta product
- 3 cans vegetables 2 loaves bread
- 1 soup product milk
- Bananas

* Food selection varies

Wooden Nickels are given out by local social service agencies. It is open to anyone and no application is needed. Wooden Nickels have no annual limit.