

## *Grandparents Raising*

### *GREAT Children!*

Volunteers of America Grandfamilies Project offers grandparents who are raising their grandchildren skill-building and support services. Grandfamilies support one another as they undertake the challenging yet rewarding task of raising a second family. Since 1990, this network has grown to include hundreds of Alaskan families.

*This group is supported by:*



*Raising Kids for the  
second time?*

*You are not alone!*



726 26th Ave., Suite 2, Fairbanks, AK 99701

## Why Attend a Support Group?

- Meet with others who may be sharing the same experiences you are—or those who have already gone through them.
- Receive information on the different services and resources available to you.
- Learn about the different factors that impact the children in your care.
- Help your children understand that they are not alone.
- Process feelings in a safe and comfortable environment.
- Share your coping skills with others while learning new ones.

## How Can I Participate?

**Who:** Grandparents, Aunts, Uncles - anyone who is raising children for a second time.

**When:** Second Monday of every month, starting January 11th, 2010, from 6:30– 8:00 p.m.

**Where:** Resource Center for Parents and Children (RCPC) located at 726 26th Avenue, Suite 2.



Participation in the group is **FREE!**

Limited supervised children's activities are available during group - please call ahead to confirm.

## Want More Information?

Have questions or want more information about the support group?

Please contact group facilitator:  
Susan Bohart — 457-4146

Information is also available at  
RCPC (Meghan or Katie M.):  
456-2866



Have questions about the  
Grandfamilies Project?

Please call: 1-888-522-9866 or  
email: [grands@voaak.org](mailto:grands@voaak.org)